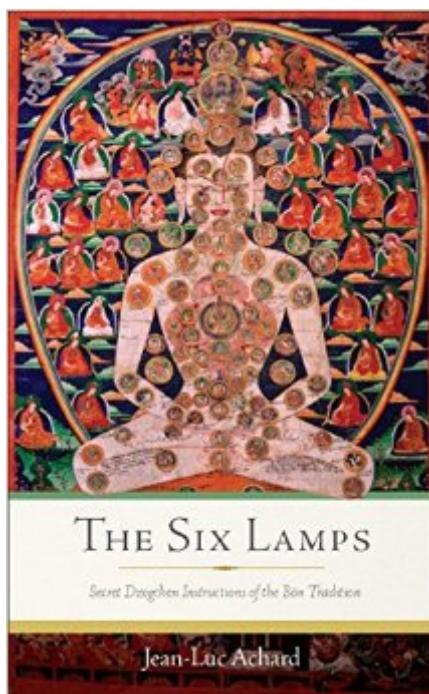


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# The Six Lamps: Secret Dzogchen Instructions Of The Bāṇ Tradition



## Synopsis

Esteemed Tibetologist Jean-Luc Achard contextualizes and provides a clear translation of highly secret precepts on Dzogchen practice unlike anything published. The Instructions on the Six Lamps is one of the root-texts of the Zhangzhung Nyengyā series of teachings. It is considered as the central work of the inner cycle of these teachings, mostly dealing with the principles of the natural state and its visionary marvels. The root-text describes highly secret precepts on Dzogchen practice—“the teachings of Trekchā and Thāgelā” as revealed by Tapihritsa to Gyerpung Nangzher Lāpo. The teachings in this text represent oral instructions transmitted by a single master to a single disciple in the mode known as a single transmission. It is through such a practice that one can contemplate the marvels of the Clear-Light of one’s own mind, before achieving the ultimate Fruit of Buddhahood. In this respect, the text contains a complete teaching of Dzogchen, from beginning to end.

## Book Information

Paperback: 160 pages

Publisher: Wisdom Publications (March 28, 2017)

Language: English

ISBN-10: 1614293643

ISBN-13: 978-1614293644

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Best Sellers Rank: #698,041 in Books (See Top 100 in Books) #263 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Sacred Writings #744 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice #824 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan

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